



Sans Bois Health Services, Inc.

January 2012
Newsletter

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January is National Glaucoma Awareness Month

Four Key Facts About Glaucoma

1. Glaucoma is a leading cause of blindness:

Glaucoma can cause blindness if it is left untreated. And unfortunately approximately 10% of people with glaucoma who receive proper treatment still experience loss of vision.

2. There is no cure (yet) for glaucoma:

Glaucoma is not curable, and vision lost cannot be regained. With medication and/or surgery, it is possible to halt further loss of vision. Since open-angle glaucoma is a chronic condition, it must be monitored for life. Diagnosis is the first step to preserving your vision.

We, at Sans Bois Health Services, appreciate the opportunity to care for you in your home. If you have any questions or concerns, please feel free to call us.



We would like to introduce you to the Stigler Home Health Case Management Team. Seated L to R are Deneice Castleberry, LPN & Patricia Shaffer, LPN. Standing L to R are Keith Shrum, LPN & Shawn Ralls, LPN.

3. Everyone is at risk for glaucoma: Everyone is at risk for glaucoma from babies to senior citizens. Older people are at a higher risk for glaucoma but babies can be born with glaucoma (approximately 1 out of every 10,000 babies born in the United States). Young adults can get glaucoma, too. African Americans in particular are susceptible at a younger age.

4. There may be no symptoms to warn you:

With open-angle glaucoma, the most common form, there are virtually no symptoms. Usually, no pain is associated with increased eye pressure. Vision loss begins with peripheral or side vision. You may compensate for this unconsciously by turning your head to the side, and may not notice anything until significant vision is lost. The best way to protect your sight from glaucoma is to get tested. If you have glaucoma, treatment can begin immediately.



We would like to introduce you to the Spiro Home Health Case Management Team. Pictured L to R are Ashleigh Wagner, LPN, Carmia Roberts, LPN, Christy Perdue, LPN, Nancy Culbreath, RN, & Meygan Wagner, LPN.